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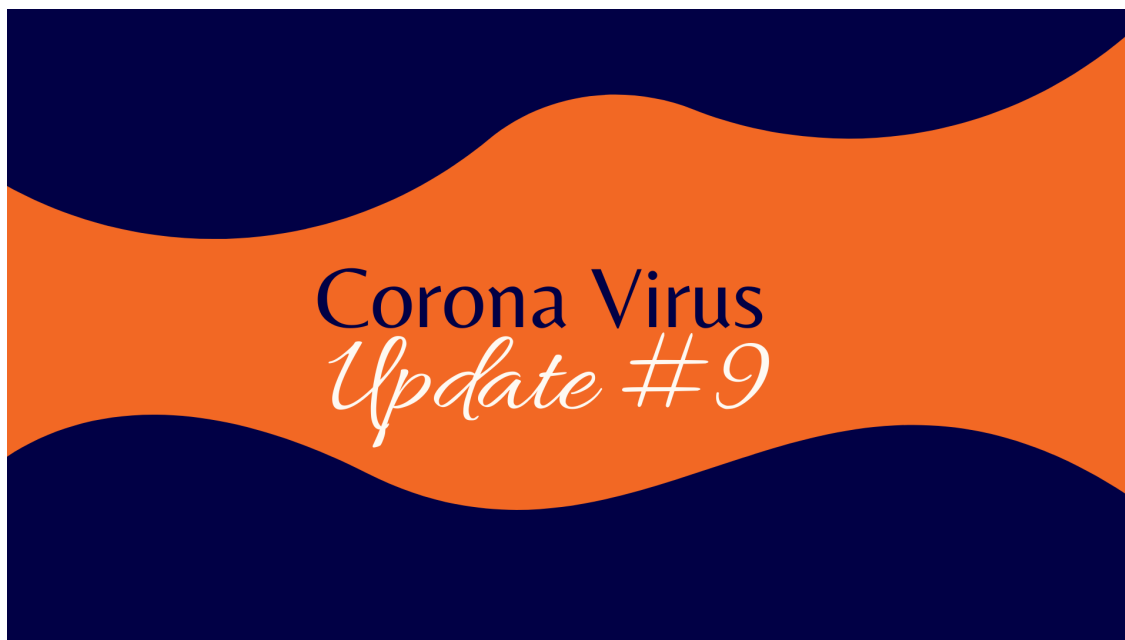
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## Weekly Newsletter

NEWS & EVENTS | Friday, March 27, 2020 |



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# OFFICE CLOSED

## Local 1998 Office Closed

In accordance with the Ontario Government's mandatory closure of all non-essential businesses, Local 1998 is closed for all in-person interactions.

We are still here to help and we are working remotely. We welcome your questions by email: [info@usw1998.ca](mailto:info@usw1998.ca) or telephone: 416-506-9090. Our staff listing can be found [HERE](#).



## Employee Assistance Programs for Members and their Families

**Are you or a family member in need of support?** All of us should know by now the importance of physical distancing to avoid contracting and spreading the Coronavirus. In addition to that, we should also be thinking about everyone's over all mental health during this pandemic. There is no doubt that there is a high degree of uncertainty and added stress on members and their families at this time. In order to support members' emotional health, we want to remind members of the following resources that are available to them.

[Lifeline Foundation](#) - USW Employee and Family Assistance Program (EFAP)

[Employee and Family Assistance Program](#) – U of T's Employee and Family Assistance Program (EFAP)

[Helping Children Cope with Stress](#) – World Health Organization

[Staying active while at home](#) - YMCA Greater Toronto Area. Free Facebook Classes

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